 **Top 20 Star Qualities**

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| --- | --- |
| **Star Quality** | **Rating**   1. I really need to focus on and develop this quality. 2. I have adequately developed this quality, but can strengthen it. 3. I have developed this quality well. |
| **Creative**  (inventive, full of ideas) | 1 2 3 |
| **Self-confident**  (belief in oneself) | 1 2 3 |
| **Organized**  (keeping your life in order) | 1 2 3 |
| **Responsible**  (willing to be accountable) | 1 2 3 |
| **Outgoing**  (friendly, sociable) | 1 2 3 |
| **Self-motivated**  (self-starting) | 1 2 3 |
| **Persistent**  (sticking with it) | 1 2 3 |
| **Enthusiastic**  (having eager interest) | 1 2 3 |
| **Emotionally aware**  (in touch with feelings and thoughts) | 1 2 3 |
| **Self-disciplined**  (having self-control) | 1 2 3 |
| **Focused**  (staying fixed on a goal or task) | 1 2 3 |
| **Optimistic**  (hopeful, seeing the positive) | 1 2 3 |
| **Proactive**  (doing what needs to be done before a problem develops) | 1 2 3 |
| **Courageous**  (responding in spite of fear) | 1 2 3 |
| **Spiritual**  (connected with your true self and your values) | 1 2 3 |

**#2 Star Quality to Develop:**

Action steps – How will I improve this quality:

1.

2.

3.

Deadline:

Check in: (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

(date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

**#1 Star Quality to Develop:**

Action steps – How will I improve this quality:

1.

2.

3.

Deadline:

Check in: (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

(date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)