 **Top 20 Star Qualities**

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| **Star Quality** | **Rating**1. I really need to focus on and develop this quality.
2. I have adequately developed this quality, but can strengthen it.
3. I have developed this quality well.
 |
| **Creative** (inventive, full of ideas) | 1 2 3 |
| **Self-confident** (belief in oneself) | 1 2 3 |
| **Organized** (keeping your life in order) | 1 2 3 |
| **Responsible** (willing to be accountable) | 1 2 3 |
| **Outgoing** (friendly, sociable) | 1 2 3 |
| **Self-motivated** (self-starting) | 1 2 3 |
| **Persistent** (sticking with it) | 1 2 3 |
| **Enthusiastic** (having eager interest) | 1 2 3 |
| **Emotionally aware** (in touch with feelings and thoughts) | 1 2 3 |
| **Self-disciplined** (having self-control) | 1 2 3 |
| **Focused** (staying fixed on a goal or task) | 1 2 3 |
| **Optimistic** (hopeful, seeing the positive) | 1 2 3 |
| **Proactive** (doing what needs to be done before a problem develops) | 1 2 3 |
| **Courageous** (responding in spite of fear) | 1 2 3 |
| **Spiritual** (connected with your true self and your values) | 1 2 3 |

**#2 Star Quality to Develop:**

Action steps – How will I improve this quality:

1.

2.

3.

Deadline:

Check in: (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

 (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

**#1 Star Quality to Develop:**

Action steps – How will I improve this quality:

1.

2.

3.

Deadline:

Check in: (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)

 (date)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(initial)