**What Zone Are You In?**

|  |  |  |  |
| --- | --- | --- | --- |
| Blue | Green | Yellow | Red |
| Image result for inside out sadness | Image result for inside out joy | Image result for inside out worried | Image result for inside out anger |
|  |  |  |  |
| * Sick * Sad * Tired * Bored * Moving slowly | * Ready to learn * Focused * Happy * Calm * Good listener | * Frustrated * Silly/wiggly * Worried * Loss of some control | * Angry * Mean * Yelling * Terrified * Out of control |