**What Zone Are You In?**

|  |  |  |  |
| --- | --- | --- | --- |
| Blue | Green | Yellow | Red |
| Image result for inside out sadness | Image result for inside out joy | Image result for inside out worried | Image result for inside out anger |
|  |  |  |  |
| * Sick
* Sad
* Tired
* Bored
* Moving slowly
 | * Ready to learn
* Focused
* Happy
* Calm
* Good listener
 | * Frustrated
* Silly/wiggly
* Worried
* Loss of some control
 | * Angry
* Mean
* Yelling
* Terrified
* Out of control
 |